History of Berger Preserve
The Karl F. Berger Preserve is located in the town of Bremen on the 864-acre Bremen Long Island. The land for the preserve was generously donated to MVLT in 2007 and 2010 by Daniel and Suzanne Goldenson. The preserve is the largest remaining undeveloped plot on the island and provides access for recreational and educational purposes while also protecting the land, shoreline, and natural habitat.

Ecology
The Berger Preserve is situated in the center of Bremen Long Island and encompasses 21% of the island. The property contains important natural resources, including 1/2 of a mile of undeveloped shoreline, a beautiful unbroken red spruce-white pine forest and a pocket beach.

The preserve is primarily forested, with early to middle successional age stands. Spruce-fir Broom-moss forest covers nearly all of the preserve’s uplands, except for the rocky shore and beach strand. Red spruce and white-pine are found in most areas, while red maple, white-birch and red-oak / conifer mixes tend to be soil-type dependent. Deer live on the island year round.

The marine habitats surrounding the preserve include a bordering rocky shore, beaches and the eel grass beds and mussel bars of Hockomock Channel. Eel grass beds are a sign of a healthy marine ecosystem and play an important role in cycling nutrients, oxygenating the water, and acting as a food base for waterfowl, juvenile fish and invertebrates, supporting larger species of birds and mammals, including eagles and harbor seals.

About Medomak Valley Land Trust
Medomak Valley Land Trust (MVLT) is a nonprofit organization dedicated to the permanent protection of local land for the benefit of the public and future generations. We work with landowners who voluntarily choose to protect their land through conservation easements or by deeding land to the Land Trust. MVLT also purchases land to hold as preserves when funding is available. The Land Trust provides careful stewardship to protected lands to ensure that conservation objectives are being met.

Yes, I’d like to support conservation in the Medomak River Watershed.
Enclosed please find my gift of:
☐ Member . . . $35  ☐ Sponsor . . $500
☐ Family . . . . $50  ☐ Partner . . $1,000 +
☐ Contributor . $100  ☐ Other . . . $____
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Name:___________________________
Mailing Address: __________________________
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Phone: _____________________________
Email Address: _______________________

Please contact me regarding:
☐ Volunteer opportunities
☐ Options for conserving my land

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P.O. Box 180
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(207) 832-5570
www.medomakvalley.org
The Berger Preserve has two trails: the Loop Trail and the Cross Island Trail. The 2 mile (round trip) Cross Island Trail really portrays why this preserve is so special. The trail passes rocky ledges and mossy forest streams, through pristine red spruce-white pine forest, to the beaches, tidepools and eel grass beds of the eastern shore. The Cross Island Loop offers a longer walk (an extra half mile) and more views of the preserve’s beautiful rocky and mossy topography.

**Directions**
The Berger Preserve is accessible only by water, and can best be accessed on the west side. Parking is available at the Bremen town landing. From Waldoboro take Rt. 32 South for approximately 7 miles. Turn left on Medomak Road, then in approximately 1 mile take Town Landing Road to the end. The preserve is easily accessible at any tide by canoe or kayak. An orange triangular reflector designates the trailhead, and can be seen from the water. The trip from the Bremen town landing to the preserve is approximately ¾ mile.